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Little Elm Living

June/July 2019

"Living Big in Little Elm"

Celebrating 10 YEARS OF HEALTHY SMILES

Healthy Smiles Children's Dentistry

Mila Davis, DDS and Parya Etebari-Saman, DDS

COVER BY **BRAD SUTTON**

Celebrating 10 Yrs. of Healthy Smiles

Healthy Smiles Children's Dentistry

Q & A:

with Dr. Mila Davis

★ Q. Congratulations on the 10th anniversary of your practice! What have you enjoyed the most these past ten years?

A. Thank you! I truly enjoy taking the time to get to know my families. From day one I have always done my best to treat each patient like a member of my family. Many families have been with us for at least five years. My mission is to make each visit memorable and positive and to provide comprehensive dentistry in a fun, enthusiastic environment offering the highest level of care.

★ Q. What are some of the changes you've seen since your grand opening?

A. I'm amazed and delighted to see so many changes in our city. It's been really exciting to watch. I have had the pleasure of seeing families grow in number. Therefore, my practice has grown. Five years ago, I sought out the perfect associate dentist to join my team. After much searching, I found Dr. Parya Etebari-Saman. She has been a fantastic addition to my practice and my patients love her.

★ Q. What are some things that have not changed over the years?

A. One of the most important lessons that I continue to teach *is the importance of a child's first dental visit at age 1.* This visit is extremely valuable to evaluate a child's risk for dental decay. By educating parents early, we can prevent some of the early childhood decay that we see in our preschool population. Unfortunately, young children with rampant decay have to be treated with IV sedation or in the operating room since they are unable to tolerate many procedures in the dental office.

★ Q. In your opinion, what is the main public health issue that you face as a pediatric dentist?

A. The prevalence of excess sugar in our diet continues to be a problem, especially in sticky candies and popular drinks. As a mom of two toddlers, I am empathetic of the struggles that parents face. My team constantly tries to educate patients and their families on healthy choices and stress the importance of drinking water. In fact, this summer we will be giving away water bottles to remind children to be well hydrated. There will also be a water bottle challenge to keep our patients engaged.

★ Q. Do you have any ideas on what the next 10 years will hold for your practice?

A. I have hopes that it will continue to grow and serve more precious patients. Dr. Etebari-Saman and I plan to continue to provide the best possible service to the families in this community. We look forward to the new faces we will meet over the next ten years.

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Mila Davis, DDS

Diplomate, American Board of Pediatric Dentistry

Dr. Davis is a cum laude graduate of Princeton University. She received her Doctorate in Dental Surgery from Columbia School of Dental Medicine in New York City with further specialty training at New York Presbyterian Hospital, Columbia University, receiving Certification in Pediatric Dentistry. She was an Assistant Professor for Clinical Dentistry at Columbia University. Upon moving to Dallas, Dr. Davis taught part time at Texas A&M College of Dentistry. After rigorous clinical and written examination, she was awarded a Diplomate of the American Board of Pediatric Dentistry.

Parya Etebari-Saman, DDS

Diplomate, American Board of Pediatric Dentistry

Dr. Etebari-Saman is a Board Certified Pediatric Dentist. She is a graduate of the University of Texas Health Science Center Dental School in San Antonio. In addition to serving as a Clinical Associate Professor at New York University College of Dentistry, she was in private practice while in New York. After several years in New York, she and her husband have returned home to the Dallas area.

Healthy Smiles
Children's Dentistry
Creating Smiles with Star Power

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